

LIFEgroups

TUNGSTEN 24 PT

Go around and let everyone share on the following question.

How have you been influenced (for better or worse) by a person or place in your life?

Digging In

What causes people and environments to have influence on others?

Read: Matthew 5.13-16

“You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot. “You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

In His “Sermon on the Mount,” Jesus calls His followers “salt” and says they are like a light because of the positive influence they have. It can sometimes feel like we don’t have much influence. Why do we sometime feel like we don’t have much influence on this world?

In what ways are Jesus’ statements in this passage encouraging and affirming?

What do you think Jesus meant about salt losing its flavor?

What are some specific ways we should be using our influence to better our community and nation?

Closing Out

Close out this meeting by letting everyone share on this commitment question. Where is your light needed the most right now and what is one specific way you will to shine there?

Close with prayer focusing on being salt and light to our communities and nation.

Leader Notes

The Main Idea

This meeting focuses on the God-given influence that God’s people have on our world. It easy to see the poor direction the world around us is going and think that there isn’t anything we can do about it. God says we can.

The Ice Breaker

Use the opening question as a thoughtful time for members to share from their own experience. Experiences may be light-hearted or weighty but give member time to share their stories and encourage everyone to share.

Connecting

Before beginning the discussion, take a moment to let members share highs and lows of their week and pray.

Reaching Out

Consider taking a few minutes at the beginning or end of your meeting to talk about potential people your group could reach out to. Pray that God will use each of you to include new people in your LIFE Group.