



Open

Go around and let everyone answer the questions.

Music has been used to express many things throughout history. Name some.

As a group, compile a list of ways to pray (kneeling, while driving, at table, etc.)

If you have a favorite worship song, what is it?

Digging In

Read: Ephesians 5:18-20

"Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit, singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts. And give thanks for everything to God the Father in the name of our Lord Jesus Christ."

When a believer is filled with the Spirit, where is his/her focus?

What benefits might come with singing (making music) together as believers?

Can singing become a form of worship and prayer? How?

If music is a gift from God, how is it best used?

Closing Out

Do you know of a song that is actually a prayer? What is it? Can you share some of the words with the group? (Or sing it!)

If someone came to you expressing a desire to learn to pray, what would you tell them?

The natural response to witnessing the power and providence of God is through praise. Allow group members to share how God is currently at work in their lives. Close with a prayer of thanksgiving for the things shared.

Leader Notes

The Main Idea

Today's meeting focuses on praying through song.

The Ice Breaker

Use the opening question as a light hearted time for members to share from their own experience. It connects to the discussion by helping us see the setting of this story.

Connecting

Before beginning the discussion, take a moment to let members share highs and lows of their week and pray.

Reaching Out

Consider taking a few minutes at the beginning or end of your meeting to talk about potential people your group could reach out to. Pray that God will use each of you to include new people in your LIFE Group.

Guest Invitations

Remind all group participants to find guests at worship services and invite them to visit your group. Don't worry about where they live in the area, just invite them. Then give them the freedom to visit other groups.