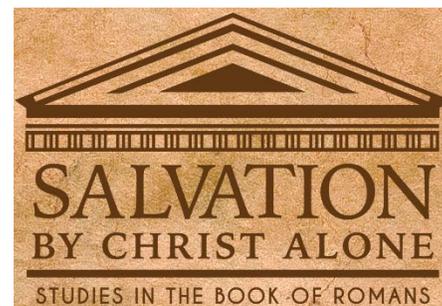


LIFEgroups



Open

Go around and let everyone answer...

Tell about a time you thought something was a really great idea, but it actually turned out to be a real bust.

DIG

Read: Romans 7:22-24 (Note: It can be helpful to read the passage in various versions.)

22 For in my inner being I delight in God's law; 23 but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me. 24 What a wretched man I am! Who will rescue me from this body that is subject to death? (NIV)

What is the problem expressed in this passage?
Why would it bother the writer so much?

Read: Romans 7:25 *"25 Thanks be to God, who delivers me through Jesus Christ our Lord! So then, I myself in my mind am a slave to God's law, but in my sinful nature a slave to the law of sin."*

Who can solve the problem?

Read: Romans 8:1-2 *"1 Therefore, there is now no condemnation for those who are in Christ Jesus, 2 because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death."*

How is the problem solved?
What changes when the problem is solved?
How does the writer move from despair to joy?

APPLY

In what ways do you identify with this writer's dilemma?

Have you moved, or are you now moving away from the dilemma toward the joy of no condemnation?

Tell how that has happened.

Pray in thanksgiving for God's solution to your problem. Thank God for the truth that there is now no condemnation.

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Leader

Lesson Series

This lesson series examines the various themes from the book of Romans.

Big Idea

Even if tempted to return to sinful ways, believers grow more like Christ knowing that there is no fear of condemnation.

Prayer

Pray for every person in the group to be free from unnecessary guilt that can steal joy and destroy any ability to grow more like Christ.

Reach Out

Most people try a small group study to find out what they can get out of it for themselves. However, most will stay in the group after discovering what they can give and how they can help others. In addition to blessing people in your group, find people outside your group who can be served or blessed through your group.

