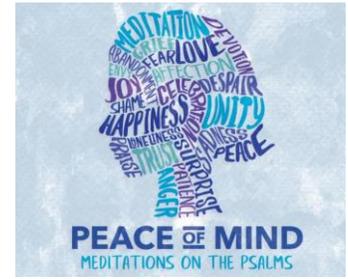


LIFEgroups



Leader

Open

Go around and let everyone answer...

Name 3 things you think are necessary for a life of contentment and peace.

DIG

Do Christians experience the same earthly struggles as the rest of humanity?

Read the following poem from God's word and find what makes Christians different.

Shout for joy to the LORD, all the earth.

² *Worship the LORD with gladness;
come before him with joyful songs.*

³ *Know that the LORD is God.*

*It is he who made us, and we are his;
we are his people, the sheep of his pasture.*

⁴ *Enter his gates with thanksgiving
and his courts with praise;
give thanks to him and praise his name.*

⁵ *For the LORD is good and his love endures forever;
his faithfulness continues through all generations.*

-Psalm 100 (here printed from the New International Translation)

Describe some characteristics of people who neglect to grow an attitude of gratitude.

Why would the Lord want these people to develop a grateful heart?

If you were to look at them through Jesus's heart, what might you see?

What are some things you can do to encourage someone who tends to not be grateful?

APPLY

What are some things that keep people from being grateful?

Would you like to live a more grateful life?

What would it take for that to happen?

How can your LIFE Group encourage each other to be more intentional about expressing gratitude?

Big Idea

Thanksgiving is more than a holiday - it is an attitude of life that can be intentionally developed.

Real Life

Cultural drift keeps people focused more on problems than on blessings. Use this particular study to fight against the trend and recapture an attitude of gratitude.

Group Fun

Holiday seasons can bring out different emotions in people. Sometimes these are joyful and fun, but sometimes they can be stressful or sad. Group leaders have an opportunity to create a safe place for people to be open about emotions and to seek God's healing power when necessary.