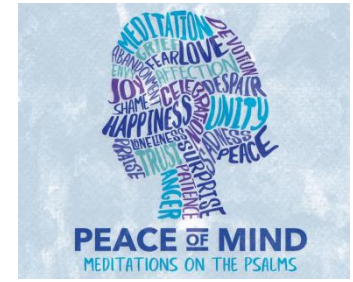


# LIFEgroups

## Psalm 71



## Leader

### OPEN

Go around and let everyone answer...

What do you believe is the most insidious issue of the oldest generation of Americans?

How does this also affect a great many people of other age groups?

What qualifications does a person need in order to tell others about God's wonders and righteousness?

### EXPLORE

READ: Psalm 71:15-18

What do you learn about the writer of this section of the Bible?

How does the writer respond to the feeling that even God might abandon him?

What does the writer believe is the most important thing he can do with his life?

### TAKE TO HEART

What do you do when you are feeling unsure, worried, or alone?  
What would the writer of this Psalm suggest you do?

Name three responsibilities you believe you have toward people younger than you.

And to those who are older?

How do plan to help and encourage an older person this week?

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### Big Idea

Praise to God is important at every age and every stage of life. This psalm does remind us of the value of remembering God as an older person. Praise God together and specifically find ways to honor and support elderly people in your life.

### Application-based Prayer

Ask your group to identify older people for whom people in your group are concerned. Take time to pray for these people, specifically asking that they grow closer to God.

### Group Reminder

Hospitality is a gift that can have a profound spiritual impact on other people. Take time to thank people who host your group. Encourage all group participants to be helpful and supportive of the host family.