

# LIFEgroups

## Open

*Go around and let everyone answer...*

What is one of the biggest changes you have had to make and what led to it?

## DIG

What are some things that motivate us to make a significant change?

What is the hardest thing about changing something that you know needs to change?

**Read: Matthew 3.1-3**

*This passage gives us an introduction to John the Baptist - appointed by God to prepare the way for Jesus. He preached a message of repentance.*

Why do you think repentance was the core of the message John taught?

How does our resistance to turning away from our sins stand in the way of our relationship with Jesus?

**Read: Matthew 3.7-10**

*Many of the Pharisees and Sadducees had a reputation of stiff-necked arrogance. John told them to produce "fruit in keeping with repentance."*

Why are we sometimes hesitant to repent of certain sins in our lives?

What is the "fruit" that is produced from a repentant heart?

## APPLY

How have you been blessed when you have repented of a sin and seen how God has blessed you through it?

*Close with a time of prayer.*

## Leader Notes

### About This Guide

This week's guide comes the current lesson in a series from the Gospel of Matthew. This series focuses on Matthew's message of establishing that Jesus is King over all.

### Big Idea

In order to have a full relationship with Jesus, we have to submit to his reign in our lives. This requires us to obey Him and repent of the sins we hold on to.

### Reaching Out

Our LIFE Groups are a great place to pour out the love we share into the lives of others. We can't keep this love and community to ourselves. Who do you know that might benefit from being part of your group? Share those names, pray for them, and ask God to give you the courage to talk to them about visiting your group.

### Prayer

Engage every person the group in the prayer time. Encourage every person to provide prayer requests, or if appropriate, for every person in the group to pray.