

LIFEgroups

Open

Go around and let everyone answer...

Consider a time when someone prayed for you. How did their prayers bless you?

Why do you think praying for each other is so important?

Read: Ephesians 3:14-19

In his prayer for the Ephesian believers, Paul ask God to give them strength through His Spirit, the presence of Christ in their hearts, and to know the love of Christ.

Prayer for Strength

"according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being..."

Paul asks for God to strengthen the believers with power from the Spirit. Begin this first prayer session by asking God to give strength to others in your group. Have members share one specific area in which they would like God's strength. Have members pray for another member in the group.

Prayer for Presence

"that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love..."

Each day we want to Christ's presence to grow in our hearts and that presence to evidence in our lives. Go around and have members pray for Christ's growing presence in another member's heart.

Prayer for Love

"to know the love of Christ that surpasses knowledge..."

Knowing how much we are loved by God is essential to loving ourselves and others. For this last prayer session, consider pairing up and having members remind each other of God's love through prayer.

Closing

Close by having members commit to praying for another member through the week. Finally, close in a time of prayer specifically for those members not present.

Leader Notes

About This Guide

This week's guide breaks out of the norm of a regular discussion guide and focuses more on a focused time of community prayer. During the times of prayer, navigate the expression of prayer in a way that best fits your group's setting.

A Note About Children

If your group has children in it, consider having them join you for this meeting and be active participants. It will be a huge blessing to let them watch and pray with their parents.

Big Idea

Our regular practice of prayer is essential to our growing relationship with the Father. Only through the regular, disciplined practice of prayer can we develop open communication with our God.

One More Thing...

We never want to assume that everyone at our meeting comes from a background of faith. Your group may have some in attendance who have never prayed or been prayed for. Be considerate of this possibility and help them as they navigate this time of prayer.