

## OPEN

Go around and let everyone answer...

What are two or three of your top worries?

## DIG

*Jesus concludes a series of teaching about fulfilling God's laws by instructing us to live one day at a time, without becoming overwhelmed by worry.*

**Read MATTHEW 6:25-27** *"Therefore I tell you, do not worry about..."*

According to this passage, what are common things people worry about?

How do times of national or worldwide crisis change the focus of our worry?

Why do people worry?

Jesus said in verse 26 that you are more valuable than creatures for whom God provides.

How is your worry changed knowing that you are incredibly valuable to God?

**Read MATTHEW 6:31-34**

*"But seek first the kingdom...; each day has enough trouble of its own."*

In what ways has God provided things you need in surprising ways?

What does this passage tell you about priorities in daily living?

## APPLY

What effect does worrying have on you?

What is God saying to you in this passage about how to handle your particular worry?

*Close in prayer for one another to trust in God's faithfulness.*

-GLR/KTW



## Leaders

### Sermon

This discussion guide is based on a sermon in a series addressing concerns during the worldwide COVID-19 pandemic.

### Big Idea

This lesson is a reminder that challenging times help refine our trust in God. It also shows that cultivating faith is the best way to deal with worry.

### Prayer

Pray for God to give your group a balanced perspective of temporary concerns and life's ultimate purpose.

### Group Reminders

When unable to meet in person, group leaders are asked to meet weekly with your group using video conferencing software.

Groups are the frontlines of spiritual care in the church. Keep in touch so group members are the first to know the needs and concerns of your group members. Pray for each other and share in the needs of one another.