



DISCUSSION GUIDE SEPTEMBER 18, 2022



Dive In

Go around and let everyone answer...

Reflect on the SIX pieces of the FULL ARMOR of GOD.

Can you go around and name them one at a time? Can you match each piece with its corresponding virtue?

For fun: Take each piece and have group members share from pop culture or movies, etc. what they picture when they think of each word.

Intro Text Here

Dig Deep

Read Scripture: Ephesians 6:10-15

[10](#) Finally, be strong in the Lord and in his mighty power. [11](#) Put on the full armor of God, so that you can take your stand against the devil's schemes. [12](#) For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. [13](#) Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. [14](#) Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, [15](#) and with your feet fitted with the readiness that comes from the gospel of peace.

Discussion Questions

- Why did Paul use this analogy?
- What is different about the first 3 pieces of armor from the second 3 pieces?
- Which piece of armor (or its corresponding virtue) do you find the most confusing to understand?
- Which piece of armor do YOU think you are able to "take up" most easily? Why does it come naturally to you?
- Which piece seems the hardest to take into battle? Why do you think that piece is such a struggle for you?
- Can you think of a spiritual practice or discipline for EACH of the six pieces that may make them "easier" to take up?

Do Big

- Take a moment to read verses 18-20 which come after the famous ARMOR OF GOD section. Notice verse 18 begins with an "AND". Why is this "AND" crucial to understanding how it connects to the verses before it...and more importantly, what do you think would happen to a person who stops at verse 17 and ignores the challenge in the verses that follow? What and who will you pray for this week as challenges come to each of us?

LEADERS

Read Text Ephesians 6:10-20

Background:

Think of SOMEONE who models EACH piece of armor for you in your own life and text, call, or contact them to let them know how you see that piece of armor lived out in their life.

Perhaps take a moment to ask them HOW and WHY they seem to have taken that piece of armor so seriously.

This will be an encouragement to them to be sure but will also serve as a reminder for US to be that person in the life of someone else.

It will also serve to remind us to always be aware of spiritual warriors around us.

Challenge

Choose one piece of the "FULL ARMOR OF GOD" to focus on each morning over the next SIX DAYS. Take 5 minutes and PRAY for growth in THAT area each day.

Weekly Memory Verse

"Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place and with your feet fitted with the readiness that comes from the gospel of peace." Ephesians 6:14-15