



LIFE GROUP DISCUSSION GUIDE



JANUARY 11, 2026

Dive In (10 Minutes)

Go around and let everyone share...

Aside from God or family, what is one thing you are an "absolute fan" of? (A sports team, a specific brand, a hobby, a musical artist)? How do people know you are a fan? How do you "show worth" to that thing?

Dig Deep (40 Minutes)

Read John 4:23–24 aloud.

- Verse 23 says, "the Father is seeking such people to worship him." What does it mean to you that God is actively *seeking* something from us?
- Jesus tells the woman that a time is coming and "is now here." Why is the *location* of worship (this mountain vs. Jerusalem) no longer the priority?
- Is it possible to worship the Father in Spirit and without truth? Vice-versa? Why or why not?
- What is the difference between "vertical worship" and "horizontal worship?"
- We often judge a worship service by how the singing made *us* feel, or if the sermon was "interesting" to *us*. How does the perspective change when we realize God is the only "audience" in the room?
- Read Romans 12:1. How does "presenting your body as a living sacrifice" connect to the "Spirit and Truth" worship Jesus describes in John 4?

Do Big (15 Minutes)

- When you come to church on Sunday, what is your "First Thing"?
- If worship is a lifestyle in "Spirit and Truth," how can you worship God vertically during a mundane task this week (like doing laundry, sitting in traffic, or answering emails)?
- What is the biggest "rival" for your worship right now? What is the "First Thing" trying to take God's seat?