



# LIFE GROUP DISCUSSION GUIDE



JANUARY 11, 2026

## Dive In (10 Minutes)

Go around and let everyone share...

Aside from God or family, what is one thing you are an "absolute fan" of? A sports team, a specific brand, a hobby, a musical artist)? How do people know you are a fan? How do you "show worth" to that thing?

## Dig Deep (40 Minutes)

Read John 4:23–24 aloud.

- Verse 23 says, "the Father is seeking such people to worship him." What does it mean to you that God is actively *seeking* something from us?
- Jesus tells the woman that a time is coming and "is now here." Why is the *location* of worship (this mountain vs. Jerusalem) no longer the priority?
- Is it possible to worship the Father in Spirit and without truth? Vice-versa? Why or why not?
- What is the difference between "vertical worship" and "horizontal worship?"
- We often judge a worship service by how the singing made *us* feel, or if the sermon was "interesting" to *us*. How does the perspective change when we realize God is the only "audience" in the room?
- Read Romans 12:1. How does "presenting your body as a living sacrifice" connect to the "Spirit and Truth" worship Jesus describes in John 4?

## Do Big (15 Minutes)

- When you come to church on Sunday, what is your "First Thing"?
- If worship is a lifestyle in "Spirit and Truth," how can you worship God vertically during a mundane task this week (like doing laundry, sitting in traffic, or answering emails)?
- What is the biggest "rival" for your worship right now? What is the "First Thing" trying to take God's seat?