



LIFE GROUP DISCUSSION GUIDE



FEBRUARY 8, 2026

Dive In (10 Minutes)

Go around and let everyone share...

What fictional character has the “best” origin story (superhero, movie, book character) and why?

Dig Deep (40 Minutes)

Read Genesis 1 aloud.

- Consider this...Before there was a "you," there was a God who was already thinking about you. In the first few verses, we see the earth as "formless and empty," yet God's Spirit is "hovering." How does it change your current anxiety to realize that God is often present and "hovering" over the chaotic, unfinished parts of our lives long before we see the final result?
- Moving through the text, notice the repeated phrase, "And God said." The entire universe is a result of His voice. This suggests that our origin isn't an accident or a random collision of atoms, but a deliberate spoken word. If your life is an extension of God's "speech," what does that say about your inherent purpose, even on days when you feel "accidental" or invisible?
- What does it mean to you to be “made in the image of God?”
- How does it shift your relationship with God to realize that He declared your existence 'very good' based solely on the fact that He created you, rather than on anything you've actually accomplished?"



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Do Big (15 Minutes)

- In chapter one, we see many of the attributes and character qualities of God on full display (power, creative, complex, loving). Which part of His character or which one of His attributes do you need to lean into this week and how will you do so?
- What is your “origin story” with Jesus (your witness)? Practice telling it this week.