



# LIFE GROUP DISCUSSION GUIDE



**FEBRUARY 22, 2026**

## Dive In (10 Minutes)

**Go around and let everyone share...**

If you were given a "blank check" to design your perfect environment—one where you felt completely at peace, provided for, and energized—what are three things that would *have* to be there?

## Dig Deep (40 Minutes)

**Read Genesis 2:4-23 aloud.**

- In verses 8–14, we see God planting a garden "full of every tree that is pleasant to the sight and good for food," watered by a massive river, which divided into four.
  - How does this description challenge the idea that God is a "stingy" or "restrictive" Creator?
- Looking at verses 15–16, God gives man work (to keep the garden) and freedom (to eat from almost anything). Why is having a purpose just as much a "provision" as having food?
- Mankind's greatest need wasn't just survival; it was intimacy with God. Where do you see that intimacy reflected in this passage?
- How do we see the "poverty" of our own lives when we try to find "Eden" (satisfaction) without the presence of the King?
- Adam had a perfect environment and a perfect relationship with God, yet God still said something was "not good." Why is human partnership/community a fundamental part of "having everything we need?"
- How does the formation of Eve (v. 21–23) show God's attention to our emotional and social needs?
- If the Kingdom of God is "Eden in the present," how does knowing Jesus change how you view your current "lacks" or "needs?"



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## Do Big (15 Minutes)

- Find a way to be "excessively" generous this week. Pay for the person behind you in the drive-thru, give an anonymous gift, or offer your best time to someone who can't "repay" you.
- Pick one 4-hour block this week to "stop producing." Put away the phone, the to-do list, and the side hustle.
  - Remind your soul that the world keeps spinning because of God's provision, not your frantic effort.