



LIFE GROUP DISCUSSION GUIDE



MARCH 1, 2026

Dive In (10 Minutes)

Go around and let everyone share...

Think back to a time you were convinced you were "missing out" on something, only to find out later that you were actually being protected from a mistake. What was the situation?

Dig Deep (40 Minutes)

Read Genesis 3:1-24 aloud.

- Look at the serpent's first words in verse 1. Why do you think he starts with a question rather than a direct statement? How does he subtly misquote God to make His command seem more restrictive than it actually was?
- In verses 4–5, the serpent promises they will "be like God." Why is the desire for independence from God so attractive to the human heart? In what ways do we still try to "be like God" by deciding for ourselves what is right and wrong?
- In verse 8, they hear God walking in the garden and they hide. How does sin fundamentally change our view of God's presence? Why is "hiding" a natural response to guilt?
- When God confronts Adam, he blames "the woman whom you gave to be with me." When Eve is confronted, she blames the serpent. Why is it so difficult for us to take full responsibility for our own disobedience? How does this blame-shifting destroy our relationships today?
- Even in the midst of the curse, God makes a promise in verse 15 about the "Seed" of the woman. How does this verse (often called the first Gospel) show us God's heart for restoration even at the moment of our greatest failure?
- Verses 23–24 describe the "exile" from the garden. Why was it actually an act of *grace* for God to keep them away from the Tree of Life while they were in a fallen state?



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Do Big (15 Minutes)

- What is one area of your life where you are currently tempted to believe that God is "holding out" on you? How can the group encourage you to trust God's character in that area this week?
- Is there a "hidden" area of your life where you have been avoiding God's presence? How can we pray for you to experience the grace and covering that comes through Christ?