



LIFE GROUP DISCUSSION GUIDE



MARCH 22, 2026

Dive In (10 Minutes)

Go around and let everyone share...

If you were told you had to live in a confined space for a year and could only bring three "essential" items, what would they be and why would you bring them?

Dig Deep (40 Minutes)

Read Genesis 7:1-24 aloud.

- In verses 2–3, God distinguishes between "clean" and "unclean" animals. Since this is long before the Law of Moses, what does this suggest about Noah's understanding of worship and sacrifice?
- Verses 8-10 seem to indicate a period of waiting between the time that Noah and his family went into the ark and the time it started to rain. What do you imagine that week was like for Noah's family inside the ark, while the world remained dry?
- By the end of the chapter (verses 21–23), the text repeatedly emphasizes that "every living thing" perished. Why do you think the author is so repetitive about the loss of life here?
- Verse 24 said that the waters prevailed on the earth for 150 days. What do you think life was like on the ark, for Noah and his family, during that time?

Do Big (10 Minutes)

- We often focus on Noah's safety, but verse 23 reminds us of what was lost. How do we balance the joy of our own "salvation" with the grief of seeing a world that is broken and under judgment?



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- Verse 16 says *the Lord* shut the door. How does it change your perspective to know that Noah didn't have to hold the door shut himself? In what areas of your life are you trying to "hold the door shut" instead of trusting God's seal?