



LIFE GROUP DISCUSSION GUIDE



MAY 17, 2026

Dive In (10 Minutes)

Go around and let everyone share...

- What is the most "high-stakes" request anyone has ever made of you? Did you say yes immediately, or did you need time to process the cost? Have you ever had to give up something you loved—not because it was bad, but because it was time to let go? How did that "letting go" change you?

Dig Deep (40 Minutes)

Read Genesis 22:1-24 aloud.

- Notice how God describes Isaac: "Your son, your only son Isaac, whom you love." Why do you think God phrases it this way, highlighting Abraham's emotional attachment?
- In verse 1, it says God "tested" Abraham. What is the difference between a "test" from God and a "temptation" from the enemy?
- The text is eerily silent about Abraham's internal thoughts during the three-day journey. If you were in his sandals, what would the "internal monologue" sound like?
- Look at verse 8. Abraham tells Isaac, "God will provide for himself the lamb." Is this a statement of profound faith, or a father trying to protect his son from a terrifying reality? Can it be both? Explain.
- Abraham names the place Jehovah Jireh ("The Lord Will Provide"). Why is it significant that this name for God was revealed after the point of total surrender, rather than at the beginning of the journey?
- How does this moment on Mount Moriah point forward to the story of Jesus? (Consider the parallels: a father offering his only son, a wood-covered climb, and a substitute sacrifice).

Do Big (10 Minutes)

- Surrender isn't a one-time event; it's a daily practice. What is one practical step you can take this week to "open your hands" regarding that person, career goal, or dream you've been gripping too tightly?