



LIFE GROUP DISCUSSION GUIDE



JUNE 28, 2026

Dive In (10 Minutes)

Go around and let everyone share... What is a time you experienced intense sibling rivalry growing up, or a time you felt completely left out or excluded by a peer group? How did you handle that feeling of rejection?

Dig Deep (40 Minutes)

Read Genesis 37:1-36 aloud.

- Jacob openly favors Joseph over his other sons by gifting him an ornate robe, which causes his brothers to hate him so much they cannot even speak a kind word to him (verses 3-4). Why do you think inherited family dysfunctions, favoritism, and comparison have such a destructive power over our relationships? How do we break those cycles?
- What do you notice about Joseph's behavior despite his brothers' dislike? What parallels can we make from his behavior and ours when we interact with people who dislike us?
- While the dreams were genuinely from God, his delivery rubs his brothers and even his father the wrong way. Why do you think God sometimes gives us a vision for the future before giving us the maturity to handle it? How can we learn to discern the difference between God's timing and our own youthful pride or enthusiasm?
- In verses 24-28, Joseph is stripped of his special robe, thrown into a dry cistern, and ultimately sold into slavery by his own brothers, who then sit down to calmly eat a meal. How do you reconcile God's sovereignty with such raw, unfair human cruelty? Where is God when our lives are completely derailed by the bad choices or malicious intent of others?
- We have the benefit of knowing the end to Joseph's story. Even while he was in the pit, God was with Joseph. However, Joseph endured the pit without that surety of knowing the end. Tell about a time you have been in "the pit", unable to see the outcome, like Joseph? How did you rely on God, even though you didn't know the outcome?

Do Big (10 Minutes)

- How does it comfort or challenge you to realize that God rarely takes us on a shortcut to our destiny, but instead uses seasons of obscurity, unfairness, and waiting to forge a character that can sustain our calling?