



LIFE GROUP DISCUSSION GUIDE



JULY 19, 2026

Dive In (10 Minutes)

Go around and let everyone share...What is a movie, book, or real-life story where a long-lost relationship was finally restored, or a massive secret was revealed? Why do we find stories of dramatic reconciliation so incredibly powerful and emotional?

Dig Deep (40 Minutes)

Read Genesis 45-46 aloud.

- Joseph finally breaks down, weeps so loudly the Egyptians hear him, and then reveals his identity (45:1-3). His brothers are speechless and terrified. Why is it often so difficult to show vulnerability to people who have deeply hurt us in the past? How does Joseph's weeping show that his heart has perhaps been healed of bitterness?
- Notice Joseph's perspective on his suffering in verses 5-8: *"It was not you who sent me here, but God."* How does recognizing God's ultimate sovereignty change the way we view the people who have wronged us? How does this perspective keep us from becoming trapped in a cycle of resentment and revenge?
- Joseph urges his brothers to bring their aging father, Jacob, and the entire family down to Egypt so he can provide for them during the remaining years of famine. Joseph went from being betrayed by his family to becoming their ultimate provider. How does this mirror the way Jesus responds to our own betrayal of Him?
- In Genesis 46:1-4, Jacob stops at Beersheba to offer sacrifices before leaving the Promised Land for Egypt. God speaks to him in a vision, telling him, *"Do not be afraid to go down to Egypt... I will go down to Egypt with you, and I will surely bring you back again."* Why might Jacob have need of God's explicit reassurance before stepping into this major life transition?
- Tell about a time when you had to make a massive transition or "move to a new land" (spiritually, career-wise, or geographically) where you felt afraid. How did God reassure you of His presence in the midst of that scary step of obedience?

Do Big (10 Minutes)

- How can you release the desire to penalize or punish those who have wronged you and choose instead to see how God can use even the most painful chapters of your story for a greater, redemptive purpose?
- How can you step forward into the new seasons and transitions God is calling you into, trusting that He goes before you and will sustain you in the land ahead?