



LIFEgroups

Breaking the Ice

Go around and let everyone share on the following question.

Tell about a time when your words got you in trouble.

Digging In

There is an old saying, "Sticks and stones may break my bones but words will never hurt me." However, even at a young age it was quickly evident that words are rarely harmless and inert.

How have you personally experienced the power that words have?

Read: James 3.1-5

This passage describes the power that our tongues have in directing our lives and, especially, the lives of others.

Why do you think the passage says that if a person is never at fault in their words then they can keep their whole body in check?

Why is it so hard to maintain control over our words and the things we say?

What strategies have you used that help you keep your words in check?

How do our words actually direct the course of our lives?

Read: James 3.7-8

James paints a picture of just how unruly our tongues can be. He even says that no one can tame the tongue.

If no one can tame the tongue, how do we gain control of our words?

Closing Out

There are often certain ways that we each struggle with our words.

In what area do you need God to help you keep control over your words?

Close your meeting with a time of prayer.

Leader Notes

The Main Idea

The main idea of this week's meeting focuses on the power our words have over our lives and the lives of others. Since everyone has experienced the malady of "foot-in-mouth," this week's discussion should come easy and be very relatable. Ultimately, our words have real power and the way we use them should reflect their power.

Connecting

Before beginning the discussion, take a moment to let members share highs and lows of their week and pray.

Reaching Out

Consider taking a few minutes at the beginning or end of your meeting to talk about potential people your group could reach out to. Pray that God will use each of you to include new people in your LIFE Group.